



# Child Health and Disability Prevention Program

## Fall 2018 Newsletter

### CHDP Updates

#### New Fluoride Varnish Training

CHDP is now offering Fluoride Varnish training to CHDP provider offices. It discusses the benefits of fluoride varnish, why it's important for high-risk children, and how to apply it. It is ideal for clinics initiating fluoride varnish in their practice or for those interested in a refresher for staff.

For questions or to schedule a training contact Gwen Callaway, Health Educator, at 209-468-8918 or [gcallaway@sjcphs.org](mailto:gcallaway@sjcphs.org).



#### Update for School-Based Health Centers

School-based health centers will be discontinuing PM 160s beginning in the fourth quarter of 2018. Services will be billed using CPT-4 codes on the UB-04 claim form in accordance with HIPAA standards.

For more information, please see the CHDP Bulletin: <http://files.medi-cal.ca.gov/pubsdoco/bulletins/artfull/chdp201808.asp>.

### Car Seat Updates: A Message from Dr. Park

The American Academy of Pediatrics (AAP) has released newly updated recommendations on car safety seats. In the past, the AAP recommended that infants and toddlers remain rear-facing until age 2; however, now the recommendation is for children to ride rear-facing until they reach the highest weight or height limit of their seat. It is safest to keep a child rear-facing for as long as possible and the transition to forward-facing should be delayed until past age 2 whenever possible. Many rear-facing car seats have a weight limit of 40 or more pounds, permitting most children to remain rear-facing into their toddler or even preschool years.

Once children outgrow their rear-facing car seats, they should be in forward-facing car seats with harnesses. This continues until they reach the highest weight or height allowed by their car seat manufacturer, usually around 65 pounds. The next step is a belt-positioning booster seat, until the vehicle's lap and shoulder seat belt fit properly, typically when children reach 4 feet 9 inches and are 8 to 12 years old. Current California laws state that children under the age of 8 must be in a car seat or booster seat.

Children can use the vehicle seat belt alone when it fits properly, with the shoulder belt lying across the middle of the chest and shoulder and the lap belt is low and snug across the upper thighs. The AAP recommends that all children younger than 13 should be in the rear seats of vehicles. In California, the law states that children under 8 must ride in the back seat. Children under 8 may ride in the front seat only in special situations.

San Joaquin Public Health Services offers a Car Seat Fit program. Clients can bring their own car seats and receive assistance with proper installation from a technician. By appointment only— 209-468-8914.

## National Lead Week Raises Awareness of Hidden Danger

Lead can damage a child's brain and nervous system. Lead poisoning is especially dangerous for children under the age of six because their rapidly growing and developing bodies absorb more lead. It can cause permanent learning and behavioral problems that make it difficult for children to succeed in school. October 21<sup>st</sup> through 27<sup>th</sup> is National Childhood Lead Poisoning Prevention Week. The theme this year is, **“Dust and dirt with lead can hurt. Keep kids away from lead where they play.”**



Most children with lead poisoning do not look or act sick. Children at highest risk for lead exposure are those in government assisted health programs and those who live or spend time in older housing. **Old housing may have deteriorating or disturbed lead-based paint and lead-contaminated soil and dust.**

**A blood lead test is the only way to know if a child has lead poisoning.** Children at risk of lead exposure should be tested at both one and two years of age. Additionally, children three to six years old, at risk, who were not tested at ages one and two years old, should have a blood lead test. Parents can talk to their child's doctor about getting tested for lead.

For more information about lead, please visit <http://clppp.sjcpchs.org/>. For questions regarding lead testing, contact Harpreet Sahota PHN, Coordinator for the Childhood Lead Poisoning Prevention Program (CLPPP) in San Joaquin County at 209-468-2593 or [hsahota@sjcpchs.org](mailto:hsahota@sjcpchs.org).

## PHS Program Spotlight Series: Tuberculosis Control

In California, there were 39 tuberculosis (TB) cases among children less than 5 years of age in 2017, a decrease from 88 cases in 2008. This decrease, in large part, is due to the efforts of local Tuberculosis Control programs. In San Joaquin County, the TB program case manages potential, active, and latent cases of tuberculosis in children and adults.



It is important that children receive all of their scheduled TB screenings during well-child exams. According to the Bright Futures periodicity, a TB risk assessment should be done by 1 month, at 6 months, 12 months, and annually thereafter. A TB risk assessment template can be found in the Health Assessment Guidelines (<http://www.dhcs.ca.gov/services/chdp/Documents/HAG/Chapter26.pdf>). The TB program is notified if a child has a positive skin or blood test and will provide follow up. They work with pediatricians to determine if tuberculosis is present and assist with treatment and case management, if necessary.

If a medical provider finds a positive TB test then a TB Confidential Morbidity Report (CMR) form should be completed and mailed or faxed to Public Health Services within one day. The form, with contact information, can be accessed here: <http://www.sjcpchs.org/Disease/documents/cdph110b.pdf>. For more information about San Joaquin County procedures, the Tuberculosis Control program can be reached at 209-468-3822.

Educational materials on tuberculosis can be found on the California Department of Public Health's (CDPH) website: <https://www.cdc.gov/tb/publications/factsheets/general.htm>.

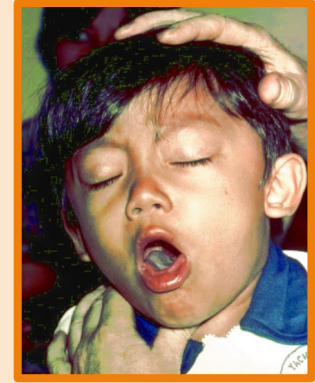
## California Whooping Cough Death

On July 17, 2018, the California Department of Public Health (CDPH) announced the first confirmed infant death from whooping cough since 2016. Also known as pertussis, whooping cough is a vaccine-preventable disease. Infants too young for full vaccination are at greatest risk of life-threatening illness. To avoid its spread, CDPH recommends the following:

- Expectant mothers receive the booster shot between 27 and 36 weeks of pregnancy.
- Parents immunize babies against whooping cough as early as possible. The first dose is recommended at 2 months old, but can be given as soon as 6 weeks of age.
- 7th grade students receive their Tdap booster.
- Adults receive a Tdap booster once.

For more info about where to get the Tdap or DTaP vaccines, the families can contact their health plan. For those without insurance can call 2-1-1.

More information on pertussis is located on the CDPH website: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/pertussis.aspx>.



## Flu Updates

Live Attenuated Influenza Vaccine (LAIV) intranasal spray is recommended for the 2018-2019 season after being discouraged last year. The injections are available as always.

Those who should **not** receive the intranasal spray include, but are not limited to:

- Child under 2 years old
- Pregnant women
- Children between 2 and 4 years old with asthma or a history of wheezing in the last 12 months
- People with certain medical conditions

For a complete list from the CDC see <https://www.cdc.gov/flu/about/qa/nasalspray.htm>.

# News and Resources

## Free Dental Services!

The California Dental Association (CDA) puts on a two-day, free dental clinic every 6 months called CDA Cares. Anyone can receive care regardless of age or insurance. Any children under 18 years old must be accompanied by an adult.

**Date:** October 26th and 27th, 2018

**Time:** 5:30am-7pm

**Location:** Modesto Centre Plaza, 1000 L St., Modesto, CA 95354

Services include cleanings, fillings, extractions, some root canals, some partial dentures/repairs, and oral health education. For more information, visit <https://www.cdafoundation.org/cda-cares/patient-information>.



## Audiometric Training

**Date:** Tuesday, October 16th, 2018

**Time:** 8:30am—12:00pm

**Location:** Conference Room, 2233 Grand Canal Blvd. Suite 214, Stockton, 95207

**The registration deadline is October 8th, 2018.** See **Attachment A** to register. For questions, call or email Gwen C. at 209-468-8918 or [gcallaway@sjcphs.org](mailto:gcallaway@sjcphs.org).

## Manteca WIC Reopens

The Manteca WIC office has reopened in a new location after the previous building was destroyed in a fire. **Manteca WIC is now co-located at 283**

**Spreckels Ave., Manteca, 95336 with the San Joaquin County Clinics office.**

WIC participants are encouraged to keep their current appointments or reschedule as needed by calling 209-468-5473. See **Attachments B and C** for more information.



## Local Literacy Program Expands

**Read to Me, Stockton! now serves ALL zip codes in the city of Stockton.** Every child is now eligible to receive a free book every month until their 5th birthday.

Read to Me, Stockton! is a literacy program that helps prepare children for kindergarten by encouraging reading through age-appropriate books.

There is no income restriction and children in the same family may each sign up for their own set of books. Visit <http://www.readtomestockton.org/Sign-Up> to sign up online.



## CHDP Newsletter Team

CMS Medical Director	Maggie Park, MD
CMS Administrator	Renee Sunseri, RN, BSN, PHN
CHDP Deputy Director	Surbhi Jayant, RN, PHN, MSN
CHDP Public Health Educator	Gwen Callaway, MPH
CHDP Foster Care Coordination	Pam Lam, RN, BSN, Sr. PHN Jamie Crenshaw, RN, BSN, PHN Charlene Devera, RN, BSN, PHN Christine Merin, RN, BSN, PHN Annelie Steele, RN, BSN, PHN
CHDP Outreach & Support	Xia Lo





# Child Health and Disability Prevention Program Audiometric Screening Training Registration Form

**October 16th, 2018**

**8:30am – 12:00pm**

Conference Room  
Children’s Medical Services  
2233 Grand Canal Blvd.,  
Suite 214  
Stockton, CA 95207

**\*Lunch will NOT be provided**

## Notes

- o The training will include instruction on the play audiometry method and requirements for screening CHDP children.
- o There will be a presentation and hands-on practice.
- o Any staff from a CHDP provider office may attend.
- o Bring your office’s audiometer.
- o Staff must be certified by CHDP every 4 years.
- o Fill out one form per participant—please write legibly.

**Registration Deadline: October 8th, 2018 (register early—seating is limited)**

**\*\*\*Participants MUST bring the audiometer used for screening in their offices\*\*\***

**Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Office:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Fax form to: (209) 953-3632**

**OR**

**Mail form to: P.O. Box 2009, Stockton, CA 95201-2009**

For more information, contact Gwen Callaway, CHDP Health Educator, at 209-468-8918 or [gcallaway@sjcphs.org](mailto:gcallaway@sjcphs.org)



## Count on WIC for healthy kids!

# 1

### WIC is for moms and kids.

WIC is the Women, Infants, and Children Supplemental Nutrition Program. It's a nutrition program for pregnant women, moms with new babies and children under five years old who live in California.



### WIC helps you and your children to be healthy.

We give you special checks to buy nutritious foods such as fruits and vegetables, milk and cheese, whole-grain breads and cereals, and more. We show you how to feed your family to make them healthier. We also bring moms and babies closer together by helping with breastfeeding. And we can refer you to low-cost or free health care and other community resources.

# 2

# 3

### You may qualify for WIC.

Families with limited incomes, including working families, may qualify for WIC. WIC provides these services, and more, at no cost to you. Call WIC today for more information or an appointment.



## San Joaquin County Public Health Services WIC Program

This institution is an equal opportunity provider.

City and Phone	Location and Address	Schedule
<b>French Camp</b> (209) 468-5487 or (209) 468-3280	San Joaquin General Hospital 500 W. Hospital Rd. Room #1102 French Camp 95231	Monday - Friday 8:00 am to 4:30 pm Closed 12:00 pm – 12:30 pm
<b>Manteca</b> (209) 468-5473 or (209) 468-3280	SJC PHS WIC 283 Spreckels Avenue Manteca 95336	Monday - Friday 8:00 am to 5:00 pm Closed 12:00 pm – 1:00 pm
<b>Stockton</b> (209) 468-3280	SJC PHS WIC (Oficina principal) 620 N. Aurora St. Suite B	Monday - Friday 8:00 am – 5:00 pm Open two Saturdays a month
	Family Health Center 1414 North California St. 95204	Wednesday 8:00 am – 5:00 pm Closed 12:00 pm – 12:30 pm
	Dorothy L. Jones Family Resource Center 2044 Fair St. 95206	Thursday 8:30 am – 5:00 pm Closed 12:00 pm – 12:30 pm
	Taylor Family Center 1101 Lever Blvd. 95206	Wednesday 8:00 am – 3:00 pm Closed 12:00 pm – 1:00 pm
	Transcultural Clinic 4422 N. Pershing Ave. #D-5 95207	Tuesday 8:00 am – 5:00 pm Closed 12:00 pm – 1:00 pm
<b>Tracy</b> (209) 831-5930	SJC Public Health Services WIC 205 West 9th St 95376	Monday – Friday 8:00 am – 4:30 pm Closed 12:00 pm – 12:30 pm



## Para tener niños saludables, siempre cuente con WIC!

1

### WIC es para las mamas y los niños.

WIC es el Programa de Nutrición Suplemental para Mujeres, Bebés y Niños (WIC). Es un programa de nutrición para mujeres embarazadas, madres que acaban de tener un bebé o que tienen niños menores de cinco años y viven en California.



### WIC le ayuda a que usted y sus niños estén sanos.

WIC le ofrece cheques especiales para comprar alimentos nutritivos como frutas y verduras, leche y queso, panes y cereales integrales. Le ayudamos con ideas de como alimentar a su familia para que estén más sanos. En WIC encontrará apoyo para un mayor acercamiento entre usted y su bebé durante el periodo de la lactancia. Y podemos referirle a lugares de atención médica de bajo costo o gratuita y a otros servicios comunitarios.

2

3

### Usted pudiera ser elegible para recibir los beneficios de WIC.

Las familias con ingresos limitados, y aún si trabajan, pudieran recibir los beneficios de WIC. WIC ofrece estos y otros servicios gratuitos. Para obtener más información o hacer una cita, llame a WIC hoy mismo.



San Joaquin County Public Health Services WIC Program		
Esta institución es un proveedor que ofrece igualdad de oportunidades.		
Ciudad y teléfono	Oficina y dirección	Horario
<b>French Camp</b> (209) 468-5487 or (209) 468-3280	San Joaquin General Hospital 500 W. Hospital Rd. Room #1102 French Camp 95231	Lunes – Viernes 8:00 am to 4:30 pm Cerrado 12:00 pm – 12:30 pm
<b>Manteca</b> (209) 468-5473 or (209) 468-3280	SJC PHS WIC 283 Spreckels Avenue Manteca 95336	Lunes – Viernes 8:00 am to 5:00 pm Cerrado 12:00 pm – 1:00 pm
<b>Stockton</b> (209) 468-3280	SJC PHS WIC (Oficina principal) 620 N. Aurora St. Suite B	Lunes – Viernes 8:00 am – 5:00 pm Abierto 2 Sábados al mes
	Family Health Center 1414 North California St. 95204	Miércoles 8:00 am – 5:00 pm Cerrado 12:00 pm – 1:00 pm
	Dorothy L. Jones Family Resource Center 2044 Fair St. 95206	Jueves 8:30 am – 5:00 pm Cerrado 12:00 pm – 12:30 pm
	Taylor Family Center 1101 Lever Blvd. 95206	Miércoles 8:00 am – 3:00 pm Cerrado 12:00 pm – 1:00 pm
	Transcultural Clinic 4422 N. Pershing Ave. #D-5 95207	Martes 8:00 am – 5:00 pm Cerrado 12:00 pm – 1:00 pm
<b>Tracy</b> (209) 831-5930	SJC Public Health Services WIC 205 West 9th St 95376	Lunes y Miércoles 8:00 am – 4:30 pm Cerrado 12:00 pm – 12:30 pm